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| **MMS Menu Begins**  **July 24th 2023** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  July 24th  August 21st  Sept 18th | Pizza | Turkey slices & Cheese in tortilla wraps | Chicken, vegetables, & rice | Meatballs with Mashed potatoes & gravy | Rotini with meat sauce, garlic bread & parmesan cheese |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  July 31st  August 28th  Sept 25th | Mac and cheese | Meatloaf | Ham &  Buttered noodles with parmesan  cheese | Sloppy Joes & Tater Tots | Nachos  I/T – quesadillas |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY** | **TUESDAY** | | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  August 7th  Sept. 4th  Oct 2nd | Chicken Nuggets and Wheat Rolls | Ham &  Buttered noodles with parmesan  cheese | | Pizza | Grilled Cheese  Sandwiches & Ham slices | Beef Quesadillas |
| Vegetable |  |  | |  |  |  |
| Fruit |  |  | |  |  |  |
|  | Milk | Milk | | Milk | Milk | Milk |
|  | | | | | | |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | | **THURSDAY** | **FRIDAY** |
| Weeks:  August 14th  Sept. 11th  Oct 9th | Mac and cheese and broccoli | Nachos  I/T – quesadillas | Chicken Nuggets, mashed potatoes and gravy | | Pancakes &  Sausage | Rotini with meat sauce, garlic bread, & parmesan cheese |
| Vegetable |  |  |  | |  |  |
| Fruit |  |  |  | |  |  |
|  | Milk | Milk | Milk | | Milk | Milk |