

**Fruits and vegetables are served every day.** They will be written in on the **menu posted on the main kitchen door** for parents to view. This allows us to take advantage of sales and plan for freshness and availability.

<b>MMS Menu Begins Sept. 2, 2019</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Weeks: Sept. 2 Sept. 30 Oct. 28 Nov. 25 Jan. 6	Pizza	Turkey slices & Cheese in tortilla wraps	Chicken, vegetables, & rice	Meatballs with Mashed potatoes & gravy	Nachos  I/T – quesadillas
Vegetable					
Fruit					
	Milk	Milk	Milk	Milk	Milk

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Weeks: Sept. 9 Oct. 7 Nov. 4 Dec. 2 Jan. 13	Mac and cheese	Meatloaf	Chicken slices in tortilla wraps	Sloppy Joes & Tater Tots	Rotini with meat sauce, garlic bread, & parmesan cheese
Vegetable					
Fruit					
	Milk	Milk	Milk	Milk	Milk

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Weeks: Sept. 16 Oct. 14 Nov. 11 Dec. 9 Jan. 20	Pizza	Nachos  I/T – quesadillas	Chicken, vegetables, & rice	Grilled Cheese Sandwiches & Ham slices	Rotini with meat sauce, garlic bread, & parmesan cheese
Vegetable					
Fruit					
	Milk	Milk	Milk	Milk	Milk

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Weeks: Sept. 23 Oct. 21 Nov. 18 Dec. 16 Jan. 27	Peanut butter & Jelly sandwiches	Ham & Buttered egg noodles with parmesan cheese	Meatloaf	Pancakes & Sausage	Rotini with meat sauce, garlic bread, & parmesan cheese
Vegetable					
Fruit					
	Milk	Milk	Milk	Milk	Milk