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| **MMS Menu Begins**  **Aug 22, 2022** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  Aug 22  Sept. 19  Oct. 17 | Pizza | Turkey slices & Cheese in tortilla wraps | Chicken, vegetables, & rice | Meatballs with Mashed potatoes & gravy | Rotini with meat  Sauce, garlic bread & Parmesan cheese |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  Aug 29  Sept. 26  Oct. 24 | Mac and cheese  and broccoli | Meatloaf | Ham & buttered noodles with parmesan cheese | Sloppy Joes & Tater Tots | Nachos  I/T- quesadillas |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY** | **TUESDAY** | | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Weeks:  Sept 5  Oct. 3  Oct. 31 | Chicken Nuggets and Wheat rolls | Ham & buttered noodles with parmesan cheese | | Chicken, vegetables, & rice | Grilled Cheese  Sandwiches & cheese sticks | Beef Quesadillas |
| Vegetable |  |  | |  |  |  |
| Fruit |  |  | |  |  |  |
|  | Milk | Milk | | Milk | Milk | Milk |
|  | | | | | | |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | | **THURSDAY** | **FRIDAY** |
| Weeks:  Sept. 12  Oct. 10  Nov. 7 | Mac and Cheese and broccoli | Nachos  I/T- quesadillas | Chicken nuggets  Mashed potatoes and gravy | | Pancakes &  Sausage | Rotini with meat sauce, garlic bread, & parmesan cheese |
| Vegetable |  |  |  | |  |  |
| Fruit |  |  |  | |  |  |
|  | Milk | Milk | Milk | | Milk | Milk |