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| **MMS Menu Begins** **Aug 22, 2022** | **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
| Weeks:Aug 22Sept. 19Oct. 17 | Pizza | Turkey slices & Cheese in tortilla wraps | Chicken, vegetables, & rice  | Meatballs with Mashed potatoes & gravy | Rotini with meatSauce, garlic bread & Parmesan cheese |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
| Weeks:Aug 29Sept. 26Oct. 24 | Mac and cheeseand broccoli  | Meatloaf | Ham & buttered noodles with parmesan cheese | Sloppy Joes & Tater Tots | NachosI/T- quesadillas |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |

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|  | **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
| Weeks:Sept 5Oct. 3Oct. 31 | Chicken Nuggets and Wheat rolls | Ham & buttered noodles with parmesan cheese | Chicken, vegetables, & rice  | Grilled CheeseSandwiches & cheese sticks | Beef Quesadillas |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |
|  |
|  | **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
| Weeks:Sept. 12Oct. 10Nov. 7 | Mac and Cheese and broccoli | NachosI/T- quesadillas | Chicken nuggetsMashed potatoes and gravy  | Pancakes & Sausage | Rotini with meat sauce, garlic bread, & parmesan cheese |
| Vegetable |  |  |  |  |  |
| Fruit |  |  |  |  |  |
|  | Milk | Milk | Milk | Milk | Milk |